## Trail Hiking

There are several hiking opportunities within the city of Murfreesboro. The Backcountry area at Barfield-Crescent Park has over 4 miles of hiking trails, both paved and unpaved. The unpaved portions of these trails are great for avid hikers who enjoy more challenging terrain and elevation.

Another great location for trail hiking is the Stones River National Battlefield, with about 3.5 miles of unpaved hiking through the woods and fields of the battlefield.

